COVID – 19

Questions & Answers



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I THINK OR KNOW I HAVE COVID-19! WHAT SHOULD I DO?

STAY HOME from work, school, or other public places.



Get plenty of **REST** and stay HYDRATED.



CHECK your **SYMPTOMS**. If thev get worse, call your doctor.



WASH YOUR HANDS often with soap or hand sanitizer.



If you have an appointment, CALL AHEAD and inform them of your COVID status.

STAY AWAY and **DON'T SHARE** with others in the house.



NOTIFY any recent close **CONTACTS** AND EMPLOYER.



CLEAN high-touch **SURFACES.**



COVER your **COUGH** or SNEEZE.



WEAR A MASK to prevent spread.





SYMPTOMS

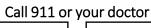
For more information on COVID-19 symptoms, please visit: www.cdc.gov/covid19-symptoms

COMMON



- Fever (\geq 100.4° F)
- Chills and Body Aches
- Coughing
- Shortness of Breath
- Loss of Taste or Smell

EMERGENCY





- Chest Pain or Pressure
- Confusion
- **Trouble Staying Awake**
- Blue Lips or Face

I Think I Had COVID-19, and I Had Symptoms!

You should stay away from others until:

- 10 days have passed since your symptoms first started and
- An additional 3 days have passed with no symptoms.

I Tested Positive for COVID-19, But I Had No Symptoms!

- You can be around others after 10 days from the day you were tested.
- Notify your employer and any close contacts.
- Talk to your healthcare provider for more information.

I Have Been Around Someone Who Had COVID-19!

- If possible, stay home for 14 days.
- Notify your employer and doctor.
- Check your temperature twice a day. If you have a fever or difficulty breathing, contact your doctor.

San Patricio County thanks you for your continual patience and cooperation!